Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application.

Listing of Claims:

This listing of claims will replace all prior versions and listings of claims in the application:

 (Currently Amended) A method for integrating personal data capturing functionality into a wireless communication device and for analyzing and supplying feedback information to a user, the method comprising:

receiving personal data of a user by at least one personal parameter receiver, the personal data comprising step data corresponding to a number of steps counted during an activity of the user.

capturing the personal data in the wireless communication device; and

periodically transmitting the personal data from the wireless communication device to a network server over a wireless network;

storing in a repository of personal data maintained by, or accessible from, the network server, personal data from the user;

analyzing the personal data to generate feedback information for the user; and posting the feedback information to a web site that is accessible to the user.

- (Original) The method of claim 1 wherein the at least one personal parameter receiver is contained in a personal data capture device attachable to the wireless communication device.
- (Original) The method of claim 1 wherein the at least one personal parameter receiver is contained in the wireless communication device.
- 4. (Currently Amended) The method of claim 1 wherein analyzing comprises analyzing the personal data according to health and/or fitness of the user such that the feedback information contains information pertaining to health or fitness of the user the wireless communication device is a cellular telephone.

- (Currently Amended) The method of claim 1 wherein posting comprises posting the feedback information and the personal data in a form comprising one or more of: graphs, charts, tables and map overlays the personal data is transmitted to the network server automatically.
- 6. (Currently Amended) The method of claim 1 wherein <u>said receiving</u>, <u>capturing</u>, <u>periodically transmitting</u>, <u>storing</u>, <u>analyzing</u> and <u>posting</u> are <u>performed</u> with <u>respect to personal data for each of a plurality of users and their corresponding wireless communication device the <u>personal data is transmitted to the network server upon receiving a user request</u>.</u>
- (Currently Amended) The method of claim [[1]] 6 and further comprising comparing
 personal data for one user with personal data for at least one other user wherein the personal data
 comprises physical-data and biometrical parameters of the user.
- (Currently Amended) The method of claim 1 further comprising: generating transmitting the feedback information to the user's wireless communication device feedback information pertaining to the personal data; and displaying the feedback information on the wireless communication device to the user.
- 9. (Currently Amended) The method of claim 1 [[8]] wherein analyzing further comprises generating for presentation to the user in the feedback information instructions from one or more of: a fitness instructor, physician, athletic trainer and nutritionist wherein—the feedback information is displayed on a display of the wireless communication device.
- 10. (Currently Amended) The method of claim 6 [[1]] wherein posting comprises posting the feedback information to the web site that is accessible by the plurality of users further comprising displaying at least a portion of the personal data to the user on a display of the wireless communication device.

- 11. (Currently Amended) The method of claim 1 wherein posting comprises posting the feedback information and the personal data of the user to a personal web site of the user the wireless communication device is combined with a portable computing device.
- 12. (Currently Amended) A method for integrating personal data capturing functionality into a portable computing device <u>and for analyzing and supplying feedback information to a user</u>, the method comprising:

receiving personal data of a user by at least one personal parameter receiver, the personal data comprising step data corresponding to a number of steps counted during an activity of the user:

capturing the personal data in the portable computing device; and

periodically transmitting the personal data from the portable computing device to a network server over a wireless network;

storing in a repository of personal data maintained by, or accessible from, the network server, personal data from the user;

analyzing the personal data to generate feedback information for the user; and posting the feedback information to a web site that is accessible to the user.

- 13. (Original) The method of claim 12 wherein the at least one personal parameter receiver is contained in a personal data capture device attachable to the portable computing device.
- 14. (Original) The method of claim 12 wherein the at least one personal parameter receiver is contained in the portable computing device.
- 15. (Currently Amended) The method of claim 12 wherein <u>analyzing comprises analyzing</u> the personal data according to health and/or fitness of the user such that the feedback information contains information pertaining to health or fitness of the user the portable computing device is a personal-digital assistant (PDA).

- 16. (Currently Amended) The method of claim 12 wherein posting comprises posting the feedback information and the personal data in a form comprising one or more of: graphs, charts, tables and map overlays the personal data is transmitted to the network server automatically.
- 17. (Currently Amended) The method of claim 12 wherein <u>said receiving</u>, <u>capturing</u>, periodically transmitting, <u>storing</u>, analyzing and posting are performed with respect to personal <u>data for each of a plurality of users and their corresponding wireless communication device the personal data is transmitted to the network server upon receiving a user request.</u>
- 18. (Currently Amended) The method of claim 17 [[12]] wherein and further comprising comparing personal data for one user with personal data for at least one other user the personal data comprises physical data and biometrical parameters of the user.
- (Currently Amended) The method of claim 12 further comprising: generating transmitting the feedback information to the user's portable computing device feedback information pertaining to the personal data; and
 - displaying the feedback information $\underline{on\ the\ portable\ computing\ device}$ to the user.
- 20. (Currently Amended) The method of claim 12 [[191] wherein analyzing further comprises generating for presentation to the user in the feedback information instructions from one or more of: a fitness instructor, physician, athletic trainer and nutritionist wherein the feedback information is displayed on a display of the portable computing device.
- 21. (Original) The method of claim 12 wherein posting comprises posting the feedback information to the web site that is accessible by the plurality of users further comprising displaying at least a portion of the personal data to the user on a display of the portable computing device.
- (Currently Amended) The method of claim 12, wherein posting comprises posting the
 feedback information and the personal data of the user to a personal web site of the user A
 wireless communication device comprising:

at least one personal parameter receiver to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

a microprocessor, coupled to the at least one personal parameter receiver; and

a memory, coupled to the microprocessor, to store the personal data, the microprocessor to periodically transmit the personal data from the memory to a network server over a wireless network.

23-47 (Canceled)